Best Practices CDH Adoption



DRIVING EDUCATION IN CONSUMER-DRIVEN HEALTH PLANS





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Today's Agenda

- 1. Mastercard Research Overview
- 2. 10 Best Practices for Driving Adoption
- 3. Commit to Ongoing Education and Ease of Use
- 4. Next Steps

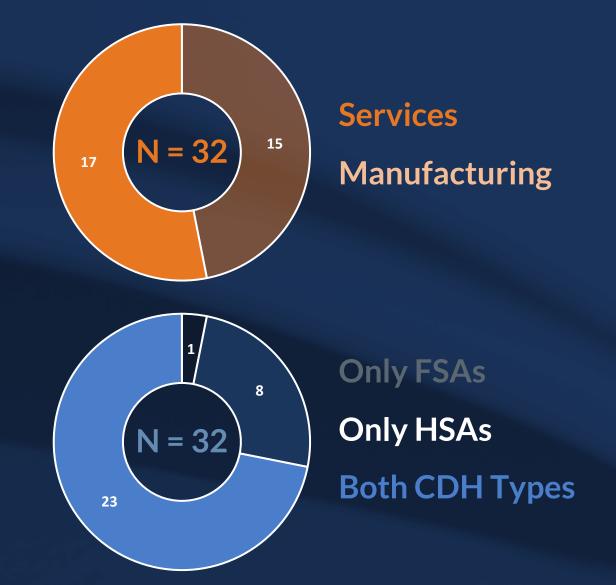




Methodology

We spoke with 32 benefits leaders at middle- and large-market services and manufacturing employers with top-notch CDH programs

The discussions were held with HR and benefits Directors, Managers, & VPs at employers with high levels of CDH penetration and the following characteristics:



Introduction

Top employers have, over the last 3-5 years, transformed their programs to pursue high frequency, multi-channel education and enrollment outreach

HOW HAVE TOP ORGS EVOLVED THEIR PROGRAMS?



Introduction

Further, millennials now comprise 35% of interviewed company's workforces and require a fresh approach to CDH communications



WHAT MAKES PROGRAMS WORK FOR MILLENIALS?

Benefits leaders find millennials **less likely to enroll in premium plans and to self-fund**, and thus are seeking methods to drive usage

Best-in-class employers **highlight the success of four strategies**:

- 1 Use shorter 'bite-sized' collateral with greater frequency
- 2 Make all content digitally consumable (e.g., web-based)
- 3 Streamline enrollment UX (i.e., 'click-through' navigation)
- Increase utilization of mobile-enabled technology platforms



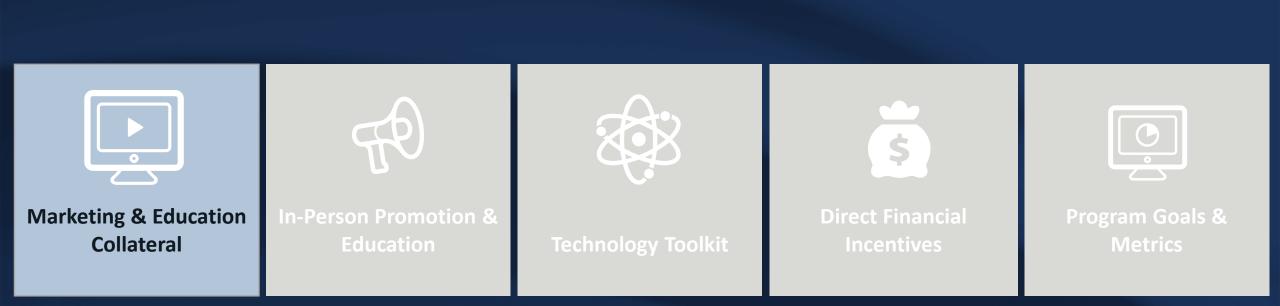
SECTION 02

10 Best-Practices for Expanding Tax-Advantaged Account Usage

Best-Practices fall into Five Categories



Best-Practices fall into Five Categories



Pursue Concise Short-Form Collateral for Marketing & Education



Sophisticated employers are moving away from long program guides and toward short-form, engaging content to drive successful employee education

"To get our messaging across, we deliver short snippets of content that are easy to understand. People quickly lose attention with long program guides" – BENEFITS SPECIALIST, HVAC SERVICES

WHAT ARE TOP EMPLOYERS DOING TODAY?

Best-in-class orgs shorten the length of their materials to provide concise bulleted content on <1-page electronic documents, rather than an inundation of lengthy information; to do this successfully, employers:

- 1 Reduce acronym usage
- 2 Increase visuals by converting words to graphics
- **3** Communicate the small 'bites' of information in more frequent touchpoints pre- and post-enrollment

You're paying enough for healthcare. Don't pay taxes on it, too.



It's like a 30% off sale on eligible healthcare expenses.1

11

- Save up to 30% on things like glasses, braces and other necessities.¹
- Access the full amount of your annual election on day one of your plan year.
- Pick from several convenient, no-hassle payment and reimbursement options.

Collateral Example

May 2020

Examples





WHAT IS IT

A Medical Flexible Spending Account (Medical FSA) helps ease the burden of paying for health care by allowing you to use two-free money to pay for your trainly's eligible medical expenses. After you set an election during your company is benefits enrollment period, you have access to that full election (all of the money in the account) on the first day of the plan year.



WHAT IS IT USED FOR?

You can use the money in a Medical FSA for qualified medical expenses. This includes coinsurance and copays, your deductible, dental or vision expenses, and over-the-counter drugs and medicines. Check your Plan Habilaish to additional information recording eliable expenses.



HOW DO I SAVE MONEY?

Just like your health insurance premiums, the money for a Medical FSA money comes out of your psycheck before taxes. That is why Medical FSAs (and other accounts like it) are referred to as "pre-tax benefits."

TAX SAVINGS EXAMPLE

You put \$2,000 into your FSA and are taxed at a rate of 30%. You have \$600 annually."

For Electration properties only, building law later, and electrical law is a

WHY DO I NEED THIS PLAN?

There are two main reasons to participate in a Medical FSA:

- . It helps with cash flow. The full annual election is available at the start of the plan year.
- . It's flexible. Unlike Health Savings Accounts (HSAs) or Health Reimbursement Accounts (HRAs), a Medical



FSA doesn't have any specific insurance requirements for restrictions), so must people are eligible to enroil.

Take the first step — estimate your expenses. What are you likely to spend on medical expenses for the corning plan year? It's a good idea to be corner vative in your estimates; you can't change your electron after your company's benefits enroilment period ends unless you have a qualifying event. Be sure to check your Plan Highlights to determine the date entirictions on using the funds in the Medical FSA, and estimate your expenses using our FSA calculator in Benedifferences confirmators control.

Don't miss open enrollment! You have a limited time to enroll in a Medical FSA. Confirm with your benefits approximant representative when and how to enroll

For more information, visit insulistances, co.

CALCULATE YOUR SAVINGS

Annual Election x Tax Rate - Annual Savinas

5___ × __ % - ___

245 Kenneth Drive | Rochester, NY 14623-4277 | (800) 473 - 9595 | ParticipantServices@BenefitResource.com | BenefitResource.com

A twist on the traditional.

Exchange full brochures for the "Why do I need" series with quick sounds bites to communicate key benefits and value.

A picture is worth a 1,000 words



WAYS TO CHECK YOUR BALANCE BRI

Embrace creative opportunities to educate.



PRE-TAX BENEFITS EXPLAINED THROUGH EMOJIS ፟

on October 11, 2018



WHAT IS A PRE-TAX BENEFIT ACCOUNT? ? 3

A pre-tax benefit account allows you to set aside money from your paycheck before taxes to use for IRS-approved purchases. The items you can pay for through a pre-tax benefit account depends on which dead to the page.

There are three categories a pre-tax benefit account can fall under:

- · Medical (Medical FSA, HSA, HRA)
- . Childcare/Adult Care (Dependent Care FSA)
- Commuter (Mass Transit or Parking)

If you have a pre-tax account for medical purposes, you can only pay for items or services that are not covered by insurance. (Also known as "out-of-pocket" expenses). Let's start by exploring a Medical FSA.

MEDICAL FSA ?

A Medical FSA is a great savings tool if you have the same out-of-pocket medical expenses year-afteryear. The funds in a Medical FSA can be used to cover both planned expenses (including medical?, dental?? and vision?) and unplanned expenses (e.g. broken bones? or a fewer?).



Submit your Response

What is the most creative idea you've seen promoting pre-tax-benefits?

Submit your response through the "Questions" section in the panel.

Submissions will have a chance to receive a Rocketbook.





Shift Education & Marketing Collateral to Digital Channels

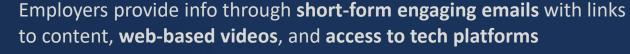


'digital first' strategies for collateral, pushing email, video, and web content over printed guides and handouts

"We used to give out booklets after meetings, but I would just end up pulling them out of the trash. People now prefer online and email resources"

MGR. BENEFITS & PAYROLL, MANUFACTURING

WHAT ARE TOP EMPLOYERS DOING TODAY?





Collateral 2-3 Years Ago

Printed Long-Form Program Guides and Pamphlets

Collateral Today

Short-Form 'Digital First'
Communications

How does it feel to save hundreds of dollars every year?

It's up to you. Simply decide how much to contribute to your Healthcare FSA, and funds are withdrawn from your paycheck *before taxes*. So you're not paying taxes on your full income. And that feels pretty good.

If you've ever used an app, you can do this.

Checking your balances and managing your account is as simple as using your smartphone. Just download the mobile app by to access your account from anywhere.

If you want to save, here's how you start.

- Estimate your annual healthcare expenses, and make your contributions accordingly.
- Pay close attention to your account, though, because money left unspent at the end of your plan year may be forfeited.

Sign up during your Open Enrollment period, or contact your benefits manager now for more information.



Collateral Example

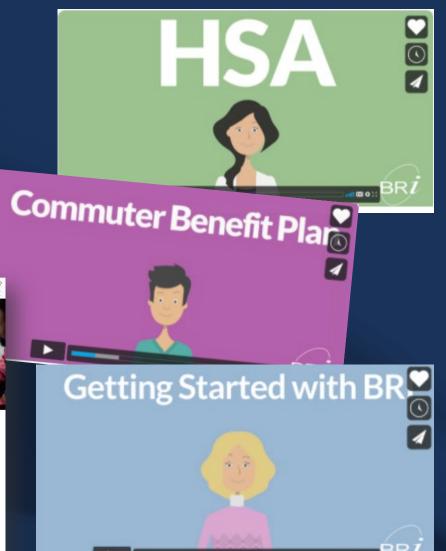


Digital Examples

Engage audiences at each step of the way!

- Demonstrating the value of the benefits
- Tutorial for getting started
- Ongoing educational resources and tips







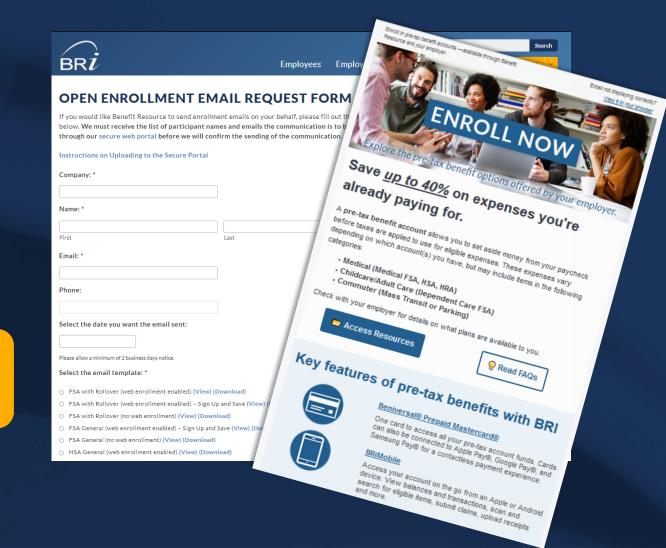
Email Communication Services

LET US HELP YOU ANNOUNCE YOUR PLAN!

- Download email templates, or
- Select a template and have BRI send emails on your behalf

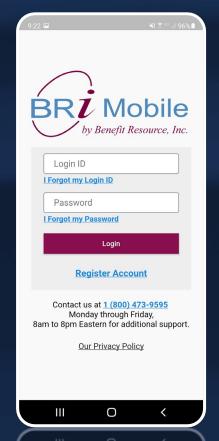
GET STARTED AT:

BenefitResource.com/email-request-form/

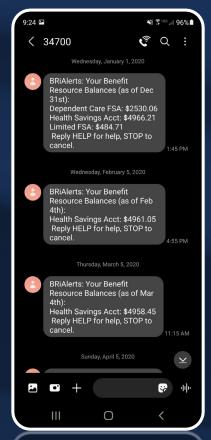




MOBILE Experiences



BRIMOBILE app for iPhone and Android devices.



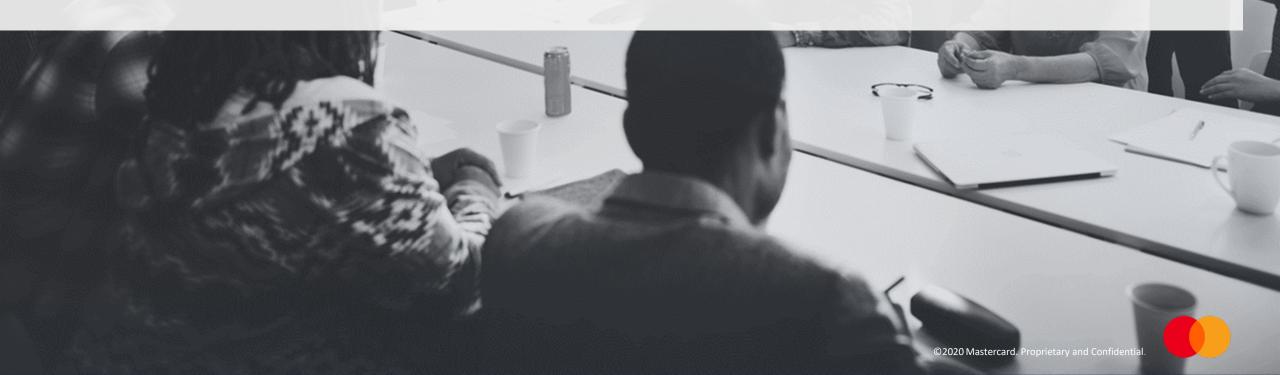
BRIALERTS real-time text and email alerts regarding activity.



Responsive site for optimized digital experiences.



Provide 'Real World' Case Examples, Tailored to Employee Base



Best-in-class employers provide 'real world' examples tailored to the employee population

"We provide employees with multiple real-world examples, showing scenarios to help them understand how the plans would work for their specific case"

HR PROJECT MANAGER, EDUCATION

This strategy is put into practice via case-based collateral and worker testimonials



Case-Based Collateral

Collateral illustrates what spending/savings might look like for a worker that matches target demographics (e.g., age, tenure, level/type of expenditures)

Worker Testimonials

Employers encourage willing employees to share stories of how the CDH program benefited them and how much they saved, as workers trust and listen to peers

Meet Bob



Bob's doctor prescribes a new medication to treat anxiety. It is a brand-name drug, so Bob asks his doctor for the generic substitution. This is a non-preventive medication.



Bob goes to the pharmacy to pick up his medication, which costs \$86. Bob has not yet met his combined medical and prescription drug deductible for the year, so Bob pays the full cost of the medication.



Bob previously used the money in his HSA account to pay for a few doctor's visits, so he pays for his prescription out of pocket.



Later in the year, after Bob has met his deductible, he pays \$17.20 per prescription or 20% of the cost of the medication.



Once the second half of Domtar's HSA contribution is deposited into his account in July, Bob uses his HSA debit card at the pharmacy to pay for his prescriptions.

ollateral Example

Examples

Prescription Drugs





Quantify Program Benefits & Potential Savings in Dollars



Top employers limit general spending and savings language, instead showing benefits in specific 'dollars-and-cents' terms

"People don't pay attention unless we talk about the real dollar amounts that they can save and earn with their tax-advantaged accounts"

HR GENERALIST, ARCHITECTURE

WHAT ARE TOP EMPLOYERS DOING TODAY?

Employers seek to make savings potential and tax benefits real and measurable and have found success in illustrating how much money an employee can grow tax-free



Companies also highlight the **specific out-of-pocket savings employees can achieve** through tax advantages and by using funds in their CDH contributed by their employer

Collateral Example

When you use your HSA to pay for eligible medical expenses with tax-free money, the savings can really add up.

Here's an example. Let's say Diane decides to set aside \$2,000 in an HSA for the year. Normally, on that money, she'd pay \$560 in federal income tax, \$100 in state income tax, and \$153 in FICA tax. So, by contributing that \$2,000 to her HSA, she'll get an \$813 tax savings for the year.

Without an HSA, Diane would pay	Savings
28% in federal income tax	\$560
5% in state income tax	\$100
7.65% in Federal Insurance Contributions Act (FICA) tax	\$153
Her total tax savings for the year with an HSA	\$813



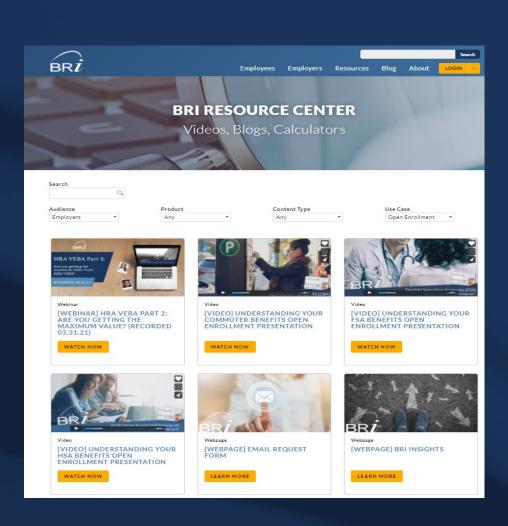
Customizable Resources

- Guides & Webinars
- Presentation Materials
- Email Templates
- Enrollment Flyers

VISIT

BenefitResource.com/resource-center





Best-Practices fall into Five Categories





Increase Accessibility of In-Person Sessions & Direct Points of Contact



To optimize in-person comms, employers boost accessibility of sessions and provide clear points-of-contact (POC) for 1:1 discussions

"Our employee base is mostly field workers. We used to go to their locations and hold sessions, but now we record sessions and provide as webinar content" BENEFITS MANAGER, MANUFACTURING

WHAT ARE TOP EMPLOYERS DOING TODAY?

- Best-in-class employers increase frequency of in-person meetings and record sessions as webinars to ensure availability of sessions for all employees (including field workers)
- Employers seek to facilitate **one-on-one conversations** between benefits leaders and employees by:
 - 1 Offering dedicated time after in-person meetings for Q&A
 - **Providing clear channels to internal HR and external contacts**
 - Suggesting example question types that employees can ask

Contact	Why contact?	Phone Number and Website
Health Care (Medical and Dental)	Contact BlueCross BlueShield of Illinois (BCBSIL) if you have questions about: • Your medical or dental claims • Covering a particular service • Finding a medical or dental network provider	1-800-XXX-XXXX
Health Savings Account (HSA)	Contact My TPA if you have questions about: Managing your HSA Finding out your account balance Investing money in your account	1-800-XXX-XXXX Myaccount.myTPA. com

Collateral Example

Personal Interaction Opportunities

- In-person events
- Live and recorded webinars
- Live pre/post-enrollment customer support in English and Spanish







Host Interactive Events Centered on Health



Top programs turn healthcare education into an engaging conversation among employees through interactive events

"I noticed when we started offering interactive events, such as benefits fairs and encouraging more employee engagement, our enrollment skyrocketed"

BENEFITS SPECIALIST, EDUCATION

WHAT ARE TOP EMPLOYERS DOING TODAY?

Employers encourage participation and foster perceptions of healthcare as beneficial and rewarding by **launching interactive events**, such as:

Lunch & Learns with Free Food

Health-Related Vendor Giveaways

Benefits Fairs with Raffles + Games

Best-in-class events offer face-to-face access to a variety of relevant personnel, including internal HR leads, external TPA staff, and other HR and benefits vendors



Collateral Example

Best Practices Shown:

- 1. Highlights interactive events about health with free incentives
- 2. Linking to broader financial and wellness initiatives
- Makes sessions accessible by providing wide time windows



Retirement Representatives

401K Information 403(b) Plan Information 457(b) Plan Information Life/AD&D Information Short and Long Term Care



staff can learn more about their benefit plan, PSRS/PEERS and more.

- · Free chair massage
- Free blood screening
- Food truck

- · Wellness information
- Family-friendly events
- Raffle

FRIDAY, JULY 26 9 A.M. TO 1 P.M.

Secure and Utilize Program Champions and Influencers



As a highly effective tactic for increasing CDH enrollment, companies secure internal employee champions to communicate benefits in a conversational way

"We spark conversations among employees to make healthcare a conversation. Employees love to hear from each other more than they like to hear from me"

HR MANAGER, CONSUMER GOODS

Best-in-class orgs are strategic about who is selected and what they convey



Who is Selected?

Top programs pursue:

- 1-2 champions at the senior management level
- A few influencers at the staff/employee levels

...who talk about program benefits with their peers

What Do They Convey?

Top orgs encourage them to:

- Tell stories of how the plan was beneficial for them (e.g., "I got my glasses and didn't pay out of pocket!")
- Communicate the ease of enrollment and usage



Best-Practices fall into Five Categories





Provide a Technology Platform & Toolkit



Advanced employers leverage technology platforms to facilitate interactive education and enrollment

"We are excited about our new tech platform provider.

Their tools and materials are robust and create a more engaging employee experience"

BENEFITS MANAGER, EDUCATION

WHAT ARE TOP EMPLOYERS DOING TODAY?

More Advanced Tools

Video-based walkthroughs of plan benefits and processes

E-commerce shopping-like enrollment via web/mobile

Calculator tools to quantify spending and savings

Mobile app capabilities for 'one-stop-shop' experience

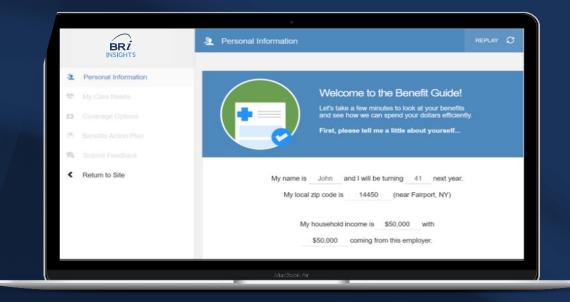
Data driven plan selection tools to identify best-fit plans

These tools make learning and enrollment more engaging and accessible, particularly to millennial audiences



BRI Insights

- ✓ Provides an integrated decision support tool aimed at selecting health plan and determining contribution levels for pre-tax accounts.
- ✓ Delivers proactive communication to drive engagement
- ✓ Integrates 401K info and ancillary benefits for holistic benefits review
- ✓ Employer insights regarding usage and migration savings





Best-Practices fall into Five Categories







Best-in-class programs aim to optimize the amount and structure of funding and other financial incentives to deliver benefits to employees and drive CDH adoption

"Increasing the seed amount from \$150 to \$500 for individuals had **the single greatest impact on increasing participation of anything we tried**"

BENEFITS MANAGER, MANUFACTURING

WHAT ARE TOP PROGRAMS DOING TODAY?

~\$500

for individuals

~\$1000

for families/dependents

50% of interviewed companies prefund HSAs and note that providing
 funds for early-in-year expenses or allowing workers to borrow against future payouts can ease concerns about needing to pay out of pocket

WHAT ADDITIONAL INCENTIVES ARE PROVIDED?

Employers also **deliver incentive programs** to drive increased healthcare and wellness engagement, including:

If workers hit a min. contribution... ... they receive bonus HSA/FSA funds

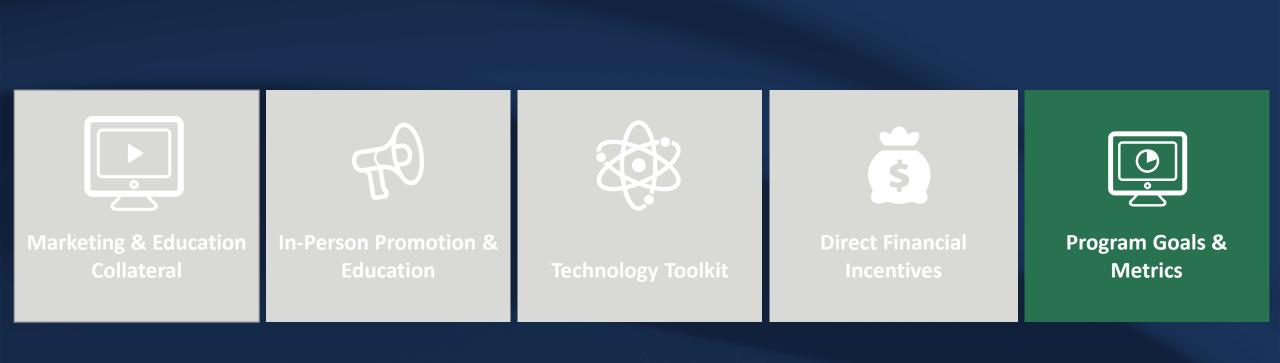
If employees **get a check-up**...
...they receive **additional seed money**

If employees track workouts...
...they can earn additional PTO days

If employees **attend a training**... ... they earn their way to a **gift card**



Best-Practices fall into Five Categories



Set Clear Goals in Order to Measure Program Success



Employers set clear program goals and carefully track progress against those goals through a variety of metrics

"We determine employee satisfaction with the specifics of our plans and **analyze the results year-over-year** to see how we are doing"

SR. DIRECTOR HR, TRAVEL

WHAT ARE TOP PROGRAMS DOING TODAY?

Common metrics utilized by best-in-class programs to track progress include:

- % Enrolled in CDHs
- YoY Growth Rate in Enrollment
- 3 % Self-Funding & Amount Contributed
- 4 % Actively Managing and Investing Funds
- 5 Dates of Employee Enrollment
- 6 FSA Funds Left Unused
- **7** Performance on Wellness Initiatives

Top employers also leverage 'sit-down' discussions or surveys to measure success from employees' perspectives



Supporting Your Goals

DEDICATED RELATIONSHIP MANAGER

Annual business review

FLEXIBLE REPORTING OPTIONS

- Aggregate monthly reporting
- On-demand access to client reporting
- Options for custom reporting

EDUCATIONAL SUPPORT TOOLS

- Client Prospecting Materials
- eBooks, Guides & Webinars
- Enrollment Materials
- Initial Communication Plan
- Ongoing Communications





Submit your Response

What do you see as your biggest pain point or challenges in HR in the next 12-24 months?

Submit your response through the "Questions" section in the panel.

Submissions will have a chance to receive a Rocketbook.





10 Key Best Practices + Q&A



Pursue Concise Short-Form Content



Digitize Marketing Collateral



Provide 'Real World' Case Examples



Quantify Benefits in Dollars



Increase Accessibility of Sessions/POCs



Host Interactive Health Events



Secure Champions and Influencers



Develop a Tech Toolkit



Optimize Financial Incentives



Set Clear Goals in Order to Measure Success

Sources: Kaiser Associates Research & Analysis Shutterstock for images



Thank You!

ANY QUESTIONS?